

A.E. LEE

Latest Podcasts and Updates

From A.E. Lee - March 2023



[Apple Podcasts](#)

She Wakes Up

Episode 63-reflecting back on abuse

A.E. Lee's memoir, *One of the Lucky Ones*, describes her descent into, and eventual escape from, an abusive marriage.

By the time A.E. meets Don at a friend's party, she has accepted that she will always be the bridesmaid and never the bride. But a friendship quickly turns into something more, and soon her dreams of marriage and children are within reach - dreams really do come true! There is a beautiful wedding, followed by two beautiful babies and the start of A.E.'s teaching career.

She is sure that the loud, explosive fights are just evidence of the passion in their relationship. They always make up, of course, and he always apologizes and swears that he loves her. Things will improve, they must - they are in love, and on the cusp of an exciting future together.

Things do not improve, however - in fact, they get much worse. A.E. struggles to accept that she is a victim of domestic violence - unable to admit it to herself, she is too embarrassed to confess the truth to her family and friends, let alone ask for help.

[Listen on Apple Podcasts.](#)

[Apple Podcasts](#)

Bite-Sized Balance Podcast with Wendy McCallum

Episode 110



Wendy and Amanda discuss non-physical forms of domestic abuse like gaslighting, belittling and emotional abuse; why it can feel impossible to leave an abusive partner; how to support a loved one who is in an abusive relationship; how to know when it's time to leave; and how the legal system is failing women when it comes to protecting them from abusive situations. This is such an important topic – please listen!

[Listen on Apple Podcasts.](#)



Spotify

Speaking Candidly with Candace

Season 4, episode 8

[Listen on Spotify.](#)

Follow A.E. Lee on Instagram

[@authoraelee](#)

Latest Book Releases



Children

Always

The story follows a little boy who, after a traumatic event, is worried that his mother will always be there. The mother's soothing words help to comfort the little boy back to sleep.

Where to buy:

[Amazon](#)

[Barnes & Noble](#)

[iTunes](#)

[Google Play](#)



Adults

One of the Lucky Ones

My memoir, One of the Lucky Ones, describes my descent into, and eventual escape from, an abusive marriage.

Where to buy:

[Amazon](#)

[Barnes & Noble](#)

[Apple Books](#)

[Google Play](#)

COMING APRIL 2023

A Collection of Poems

I hate writing poetry – dread it, actually. And then, all of the sudden, while on a train to New York City, something magical happened: I wrote a poem for a dear friend's wedding. It just came to me, and I started typing. I loved it instantly, and, when I eventually gave it to her she did too.

A.E. Lee



A Collection of Poems

Author A.E. LEE

Edward Carr CT, Springfield
VA 22153 United States



You received this email because you
signed up on our website or made
purchase from us.

[Unsubscribe](#)

